

The 2010 Marsh Dash

Gather your team

Solve the clues

Run the marsh

Snap the pictures

**Don't forget to
bring your
digital camera!**

Saturday, July 24, 2010

9:00 AM race!

Canada Games Athletic Park

Teams of 3-5 people

Run will be 5-9 km in 1 hour

**For more information or
to register, e-mail
marshdash@gmail.com**

\$8 / person for members

\$13 / person for non-members



Regina Road Runners Club

www.reginaroadrunners.ca

www.friendsofwascanamarsh.ca

**Friends of
Wascana
Marsh**

